



# Wattsburg Elementary School Lunch

## April 2024



\*Menus are subject to Change

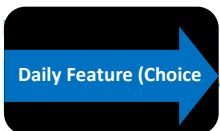
### WHAT MAKES A MEAL?




Students must choose at least 4 of 5 components available for the school breakfast price.

The components include:

- Meat or Meat Alternative
- Choice of Vegetable
- Choice of Fruit
- Choice of Grain/Bread
- Choice of Milk

\*a half cup portion of a fruit or vegetable must be one of the 3 components



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <b>EASTER BREAK</b></p>  <p>8 <b>Snow Makeup Day</b></p> <p>15 Chicken Nuggets w/ Soft Pretzel Ham &amp; Cheese Munchable Salad w/Ham &amp; Fresh Bread Seasoned Steamed Carrots</p> <p>22 Meatball Hoagie Italian Dunker Munchable Chef Salad w/Turkey, Ham &amp; Fresh Bread Seasoned Steamed Green Beans Candy Carnival Cookie</p> <p>29 Chicken &amp; Gravy over Biscuit Crispy Chicken Ranch Wrap Crispy Chicken Salad w/ Fresh Bread Creamy Mashed Potatoes with Gravy</p> <p>PB &amp; J Sandwich w/ Mozzarella Stick</p>	<p>2 <b>Snow Makeup Day</b></p> <p>9 Crispy Chicken Patty Sandwich Nacho Munchable Caesar Salad w/Grilled Chicken &amp; Fresh Bread Seasoned Steamed Carrots</p> <p>16 Sweet &amp; Sour Dumplings with Rice Ham &amp; Cheese Sandwich Salad w/Ham &amp; Fresh Bread Seasoned Steamed Broccoli</p> <p>23 Corn Dog Nuggets Turkey &amp; Cheese Sandwich Chef Salad w/Turkey, Ham &amp; Fresh Bread Crispy French Fries</p> <p>30 French Toast Sticks w/ Sausage Patties Fruit &amp; Yogurt Parfait w/ Granola Crispy Chicken Salad w/ Fresh Bread Crispy Tater Tots</p> <p>PB &amp; J Sandwich w/ Mozzarella Stick</p>	<p>3 Beef Nachos w/ Queso Ham &amp; Cheese Hoagie Garden Salad w/Egg, Cheese &amp; Fresh Bread Seasoned Steamed Golden Corn</p> <p>10 Soft Beef &amp; Cheese Tacos Chicken Bacon Ranch Wrap Caesar Salad w/Grilled Chicken &amp; Fresh Bread Seasoned Refried Beans</p> <p>17 Lasagna Roll-ups w/ Garlic Toast Ham &amp; Cheese Munchable Salad w/Ham &amp; Fresh Bread Garden Side Salad</p> <p>24  National Pigs in a Blanket Pigs in a Blanket w/ Smith's Hot Dogs Turkey &amp; Cheese Wrap Chef Salad w/Turkey, Ham &amp; Fresh Bread Vegetarian Beans</p> <p>PB &amp; J Sandwich w/ Mozzarella Stick</p>	<p>4 Orange Kissed Chicken Bowl Ham &amp; Cheese Wrap Garden Salad w/Egg, Cheese &amp; Fresh Bread Seasoned Steamed Broccoli</p> <p>11 Macaroni &amp; Cheese w/ Garlic Toast Chicken Nugget Munchable Caesar Salad w/Grilled Chicken &amp; Fresh Bread Seasoned Steamed Broccoli</p> <p>18 Fiestada Pizza Ham &amp; Cheese Wrap Salad w/Ham &amp; Fresh Bread Vegetarian Beans</p> <p>25 Walking Taco w/Nacho Chips &amp; Fresh Bread PB&amp;J Munchable Chef Salad w/Turkey, Ham &amp; Fresh Bread Seasoned Steamed Golden Corn</p> <p>PB &amp; J Sandwich w/ Mozzarella Stick</p>	<p><b>Rocket French Toast Sticks w/ an Egg, &amp; Sausage Eclipse</b></p>  <p><i>The Moon is Made of Cheese Sandwich</i></p> <p><b>Galactical Chef Salad w/ Egg &amp; Cheese</b></p> <p>Sun Baked Tater Tots Heavenly Brownie Cookie</p> <p>12 Cheese Pizza Cheese Sandwich Caesar Salad w/Grilled Chicken &amp; Fresh Bread Seasoned Steamed Green Beans</p> <p>19 Cheese Pizza Cheese Sandwich Salad w/Ham &amp; Fresh Bread Seasoned Steamed Golden Corn</p> <p>26 Cheese Pizza Cheese Sandwich Chef Salad w/Turkey, Ham &amp; Fresh Bread Seasoned Steamed Mixed Vegetables</p> <p>PB &amp; J Sandwich w/ Mozzarella Stick</p>

This institution is an equal opportunity provider.

### DAILY VEGETABLES & FRUITS MAY INCLUDE:

- |                  |                     |               |               |
|------------------|---------------------|---------------|---------------|
| Broccoli Florets | Celery Sticks       | Crisp Apples  | Diced Peaches |
| Baby Carrots     | Green Pepper Strips | Bananas       | Diced Pears   |
| Cucumber Slices  | Roasted Chickpeas   | Juicy Oranges | Applesauce    |

### LUNCH BOX HELPER:

**BRINGING YOUR LUNCH FROM HOME?**  
Simply select at least 3 of the 5 food groups offered in your cafeteria, and make sure 1 of the 3 is a fruit or vegetable!

### DAILY MILK CHOICES:

- Low Fat White
- Fat Free Chocolate
- Low Fat Strawberry